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Why the Highlight of Every Mass Should be Holy Communion

Philip Kosloski - published on 07/16/24

Every action in the Mass builds upon itself and culminates in Holy Communion, a special time when we are invited into union with God.

When we attend Mass, we may enjoy the homily or music, but in the Church's eyes, that should never be the primary highlight.

Holy Communion should be the moment during Mass that we all long for and try to savor for as long as possible.

PASCHAL BANQUET

The [Catechism of the Catholic Church](#) makes this point clear in its section on the Eucharist:

The Mass is at the same time, and inseparably, the sacrificial memorial in which the sacrifice of the cross is perpetuated and the sacred banquet of communion with the Lord's body and blood. **But the celebration of the Eucharistic sacrifice is wholly directed toward the intimate union of the faithful with Christ through communion.** To receive communion is to receive Christ himself who has offered himself for us.

CCC 1382

The *Catechism* further points out that Jesus himself invites us at every Mass to receive him in Holy Communion:

The Lord addresses an invitation to us, **urging us to receive him in the sacrament of the Eucharist:** "Truly, I say to you, unless you eat the flesh of the Son of man and drink his blood, you have no life in you."

CCC 1384

We should ask ourselves how much we look forward to Holy Communion and if the moment we receive the host is the highlight of each Mass we attend.

We do not simply receive a piece of bread, but Jesus himself.

Jesus invites us to communion with him at every Mass, and it is up to us to respond to the invitation.

Stewardship Bulletin Bits – July 21, 2024 — 16th Sunday in Ordinary Time

"He said to them, "Come away by yourselves to a deserted place and rest a while." Mark 6:31

Do you spend time, every day, alone and in silence listening to how God is calling you? If not, you are missing out on a wonderful opportunity to develop a more personal relationship with Him. Unless we talk and more importantly, listen to God every day, how else will we know how He is calling us? Consider making a retreat this year, spend some "alone" time with God.

Stewardship Bulletin Bits — July 28, 2024 — 17th Sunday in Ordinary Time

"There is a boy here who has five barley loaves and two fish; but what good are these for so many?" John 6:9

The miracle of the Loaves and Fishes carries two important messages. First, no matter how little we have, we always have enough to share. Second, Christ can take our humble gifts and do great things with them if we are just willing to let Him. Nothing is impossible with God. All of our gifts, big or small, were given to us for a reason. No gift is too small or insignificant!



St. Anne Parish



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Parish Priest:

FR. GUY AMÉDÉE AINEMON

Parish Office Coordinator:

Gabriela Büttner

OFFICE HOURS:

Tuesday 9 am-Noon & 1-3 pm
Wednesday 9 am-Noon & 1-3 pm
Thursday 9 am-Noon & 1-3 pm
Friday 9 am-Noon & 1-3 pm

PARISH SERVICES

Reconciliation: 30 min. before every Mass.

Anointing of the Sick: Please call the Parish office.

Baptism: Please call the Parish office.

Marriage: Contact the Pastor at least six months in advance.

Mass Intentions

If you would like the Holy Mass to be offered for your intentions or the intentions of your loved ones, please call the Parish Office, or write it up and drop it in the donation box in the Church. Mass offering is \$10.

MASSES' SCHEDULE

Saturday Mass – 5:30 pm
Sunday Mass – 9:00 am
Tuesday Mass – 7:00 pm
Wednesday Mass – 8:30 am
Thursday Mass – 7:00 pm
Friday Mass – 8:30 am

SUMMER SCHEDULE INSIDE



July 21st, 2024
16TH SUNDAY IN ORDINARY TIME



July 28th, 2024
17TH SUNDAY IN ORDINARY TIME

MISSION STATEMENT

We, the Catholic Parish of St. Anne, centred in Word and Eucharist, are called to be a caring faith community; coming together to celebrate God's love and truth through the sacraments, and make Christ present to others through loving service.



- Saturday – July 20th**
 5:30 pm **For Marcella Chamberlain's Intentions**
requested by Marco dos Santos
- Sunday – July 21st**
 9:00 am **MASS**
- Tuesday – July 23rd**
 7:00 pm † **Tiffany Spavor**
requested by Louise & Larry Tessier
- Wednesday – July 24th**
 8:30 am **In Celebration & Thanksgiving for The 95th Birthday of Omer Tessier**
requested by Louise & Larry Tessier
- Thursday – July 25th**
 7:00 pm † **Gertrude & Darrell Lloyd**
requested by Dorothy Lloyd
- Friday – July 26th**
 8:30 am **For Marcella Chamberlain's Intentions**
requested by Marco dos Santos
- Saturday – July 27th**
 5:30 pm **God's Blessings & Health for Alberto Büttner**
requested by the Büttner-Stahl Family
- Sunday – July 28th**
 9:00 am **MASS**
- Tuesday – July 30th**
 8:30 am † **Gertrude & Darrell Lloyd**
requested by Dorothy Lloyd
- Wednesday – July 31st**
 8:30 am † **Dan Hudec**
requested by Louise & Larry Tessier
- Thursday – August 1st**
 8:30 am **MASS**
- Friday – August 2nd**
 8:30 am † **Gertrude & Darrell Lloyd**
requested by Dorothy Lloyd



**Readings for Sunday, July 21st:
 16th Sunday in Ordinary Time**

1st Reading: Jeremiah 23.1-6
 2nd Reading: Ephesians 2.13-18
 Gospel: Mark 6.30-34

Lectors:

Saturday, July 20 – 5:30 pm – Brian Sipe
 Sunday, July 21 – 9:00 am – Rita Omodia



**Readings for Sunday, July 28th:
 17th Sunday in Ordinary Time**

1st Reading: 2 Kings 4.42-44
 2nd Reading: Ephesians 4.1-6
 Gospel: John 6.1-15

Lectors:

Saturday, July 27 – 5:30 pm – Rita Omodia
 Sunday, July 28 – 9:00 am – Clinton Obiakor

**PARISH
 WEEKLY FINANCIAL
 UPDATE**



COLLECTION SUMMARY FOR JULY 7TH, 2024

• Sunday Collection	\$1886.00
• Building Fund	\$0175.00
Total:	\$2061.00

COLLECTION SUMMARY FOR JULY 14TH, 2024

• Sunday Collection	\$0636.65
• Building Fund	\$0075.00
• Good Neighbour Project	\$0040.00
Total:	\$0751.65

NOTE: MID JULY TO END OF AUGUST
 BULLETINS WILL ONLY BE AVAILABLE
 EVERY TWO WEEKS

**Feast Day of St. Anne
 & St. Joachim**



On July 26 the Roman Catholic Church commemorates the parents of the Virgin Mary, Saints Joachim and Anne. The couple's faith and perseverance brought them through the sorrow of childlessness, to the joy of conceiving and raising the immaculate and sinless woman who would give birth to Christ.



Fred de Noyelle | Godong

**Prayer to
 St. Anne,
 Mother of
 the Virgin
 Mary**

*Philip Kosloski -
 published on
 07/26/21*

St. Anne is the patron of mothers, child care workers, and those who experience infertility.

St. Anne has been known for centuries for her powerful intercession, especially for mothers, child care workers and those experiencing infertility.

According to legendary stories, Anne was infertile for many years, until she finally conceived and gave birth to the **Virgin Mary**.

Here is the traditional opening **prayer for her feast of July 26.**

O God, Who didst vouchsafe to blessed Anne the grace to be the mother of her who was to bring forth Thine only-begotten Son: grant, in Thy mercy, that we who devoutly venerate her memory may be aided by her intercession. Through the same Lord Jesus Christ, Thy Son, Who liveth and reigneth with Thee in the unity of the Holy Spirit, one God, world without end. Amen.

We acknowledge that we are in Treaty Four Territory, Traditional lands of the Nehiyawak (Cree), Anishinaabe (Saulteaux), and Nakota people. Homeland to the Dakota, Lakota and Métis people.

**PLEASE
 SILENCE
 YOUR PHONE**

When coming to Mass, kindly keep your cell phones on SILENT and/or VIBRATE. Thank YOU!!



IMPORTANT NOTE:
 ALL the WEEKDAY Masses from July 16th to August 23rd will be at 8:30 am.

JULY 16TH TO AUGUST 23RD

TUESDAY	8:30 am
Wednesday	8:30 am
THURSDAY	8:30 am
Friday	8:30 am

***WEEKEND MASSES REMAIN THE SAME:
 SAT-5:30PM & SUN-9:00AM**

◆ THE REGULAR SCHEDULE FOR THE WEEKDAY MASSES WILL RESUME ON AUGUST 27.

GIFT BASKETS NEEDED FOR THE HARVEST SALE...

If you have an unused basket we would like to have it for the Harvest Sale. Please leave it under the table by the parking lot entrance.

JAR RETURN

We need 250-500 ml jars! Please put them in the large blue bin located under the table by the parking lot door.



RETURNS
 the weekend of
September 28 & 29th, 2024
 Tickets will be on sale in late August 2024 — \$40 per package only 40 packages available