



St. Anne Parish

Roman Catholic Archdiocese of Regina
1701 Cowan Crescent, Regina, SK S4S 4C4
Tel. 306-586-0449

www.stannesregina.com | office@stannesregina.com



Emmaus Mental Health Ministries

"While they were talking and discussing, Jesus himself came near and went with them." Luke 24:15

"Here I am, Lord, Send me"

Resurrection CWL Presents

A Morning with Emmaus Health Ministry
Saturday, April 26, 2025

9:00 am-Noon
(Registration at 8:30 am)

With Deacon Eric and Melissa Gurash of
Emmaus Mental Health Ministries

Learn more about Emmaus Mental Health Ministries and learn some tools that will be helpful for stress management/coping and how to reach out to families who are struggling.



Emmaus Phone and Online Support



Emmaus Website



Emmaus Prayer Support

emmausmentalhealth@gmail.com

Parish Priest:
FR. GUY AMÉDÉE AINEMON

Parish Office Coordinator:
Gabriela Büttner

OFFICE HOURS:

Tuesday 10 am to 3 pm
Wednesday 10 am to 3 pm
Thursday 10 am to 3 pm
Friday 10 am to 3 pm

PARISH SERVICES

Reconciliation: 30 min. before every Mass.
Anointing of the Sick: Please call the Parish office.
Baptism: Please call the Parish office.
Marriage: Contact the Pastor at least six months in advance.

Mass Intentions

If you would like the Holy Mass to be offered for your intentions or the intentions of your loved ones, please call the Parish Office, or write it up and drop it in the donation box in the Church. Mass offering is \$10.

MASS SCHEDULE

Saturday Mass – 5:30 pm
Sunday Mass – 9:00 am
Tuesday Mass – 7:00 pm
Wednesday Mass – 8:30 am
Thursday Mass – 7:00 pm
Friday Mass – 8:30 am



March 23rd, 2025
3RD SUNDAY OF LENT



Luke 13.1-9

MISSION STATEMENT

We, the Catholic Parish of St. Anne, centred in Word and Eucharist, are called to be a caring faith community; coming together to celebrate God's love and truth through the sacraments, and make Christ present to others through loving service.



Saturday – March 22nd

5:30 pm † Federico Büttner (Sr.)
requested by the Büttner-Stahl Family
† Joseph N. Lang
requested by Bruce Lang

Sunday – March 23rd

9:00 am MASS

Tuesday – March 25th

7:00 pm † Ray & Elaine Clark
requested by Louise & Larry Tessier

Wednesday – March 26th

8:30 am † Aureliano Teófilo dos-Santos
requested by Marco dos-Santos

Thursday – March 27th

7:00 pm † George Hudec
requested by Louise & Larry Tessier

Friday – March 28th

8:30 am † Guilherme Moreira da-Silva
requested by Marco dos-Santos



**Readings for Sunday, March 23rd:
3rd Sunday of Lent**

1st Reading: Exodus 3.1-8a, 13-15
2nd Reading: 1 Corinthians 10.1-6, 10-12
Gospel: Luke 13.1-9

Lectors:

Saturday, MAR 22 – 5:30 pm – Chidera Ekediegwu
Sunday, MAR 23 – 9:00 am – Rita Omodia

**PARISH
WEEKLY FINANCIAL
UPDATE**



COLLECTION SUMMARY FOR MAR 16TH, 2025

• Sunday Collection	\$1045.10
• Building Fund	\$0075.00
Total:	\$1120.10

**STATIONS
OF THE CROSS**



**EVERY FRIDAY
-DURING LENT-
AT 6 PM**

**PLEASE PARTICIPATE!
SIGN UP TO LEAD ONE (OR MORE)
OF THE STATIONS OF THE CROSS:
INDIVIDUALS OR GROUPS
ARE WELCOME!!**

**THERE WILL BE A SIGNUP SHEET
IN THE GATHERING AREA. THANK YOU!**



**Women's Commission Study
of Synod Final Document**

Save the Dates!

The Women's Commission of the Archdiocese of Regina invites you to a special three-part study of the **Final Document of the Synod on Synodality**. This is an opportunity to come together as women of the Church to explore the key themes of Communion, Participation, and Mission, deepening our understanding and engaging in meaningful discussion.

Why Join?

- ◆ Gain familiarity with the Synod's final document
- ◆ Discuss its potential impact on our Church and lives
- ◆ Share your voice and reflections in a welcoming space

Event Details:

Session 1: The Heart of Synodality – Called by the Holy Spirit to Conversion

April 2, 7:00 – 9:00 PM - Presentation by Fr. Raymond Lafontaine, followed by discussion and reflection

Session 2: The Conversion of Relationships & Processes

April 9, 7:00 – 9:00 PM

Session 3: Forming a People for Missionary Discipleship

April 16, 7:00 – 9:00 PM

This study offers a unique chance to engage with the Synod's vision and reflect on how it shapes our faith, community, and role as women in the Church. We hope you'll be part of this important conversation.

The RSVP will be available soon.

We look forward to journeying together. Questions? Email womenscommissionregina@gmail.com



**COME LET
US ADORE
THE LORD!!
on Thursday,
MARCH 27th At
6 pm
Before 7 PM
Mass**

We are ALL invited to an Hour of Adoration with Jesus in the Blessed Sacrament.

Come and spend some time in prayer with the Lord and you will be blessed!



Young people in grades 9 -12 (mature grade 8's also welcome) from around the Archdiocese are invited to come together for a celebration of community and faith at this year's "My Gen" Youth Rally. This one-day event is free of charge and happens on **Saturday March 29th** at **Archbishop M.C. O'Neill High School** in Regina. It starts at 9:00 am and ends at 11:00 pm.

It will be a day of music, talks, games, prayer, service projects, sacraments and community.

Further info and registration link can be found at: www.mygenrally.ca Spots ARE limited!

Afternoon of Lenten Reflection

The Marian Centre will be hosting an afternoon of Lenten reflection on **Sunday, March 30th**, from **2 pm to 4:30 pm**.

In light of this Jubilee Year of Hope, one of our Madonna House priests, Fr. Denis Lemieux, will give a presentation on "Hope as our Anchor". Following his presentation, there will be a period for silent reflection, communal sharing and then a social. We hope you will be able to join us.

Please NOTE:

St. Anne's Parish Office will be CLOSED

**from March 31st to April 14th
Thank YOU for your attention!**



Save the Date

Coffee Sunday & Presentation

On Sunday, **APRIL 27**



To St. Anne Parishioners:

Michelle BRAUDEN, the Youth Coordinator for the Archdiocese of Regina has kindly offered to deliver a talk on what we could do as a parish to improve parish participation overall and in particular to improve participation by our youth.

The talk will be during COFFEE SUNDAY on APRIL 27 AFTER SUNDAY MASS.

So please come for coffee on the 27th and enjoy this short presentation!

See YOU there!



E-MAIL SCAM ALERT!

We have seen an increase in phishing emails falsely claiming to be from Archbishop Donald Bolen or other clergy of the Archdiocese of Regina. Please be aware that neither Archbishop Bolen nor any of our clergy will ever contact you requesting private funds, gift cards, or other personal financial assistance.

Unfortunately, scams like these are common. We encourage everyone to stay vigilant and familiarize themselves with the signs of phishing attempts, such as urgent or unusual requests, poor grammar, and suspicious email addresses. If you receive an email that seems suspicious, do not respond—delete it immediately. There is no need to forward these emails to our offices, as it is safe to assume we have received them as well. Stay safe online and help spread the word!

We acknowledge that we are in Treaty Four Territory, Traditional lands of the Nehiyawak (Cree), Anishinaabe (Saulteaux), and Nakota people. Homeland to the Dakota, Lakota and Métis people.

FIND OUT WHAT'S HAPPENING IN THE ARCHDIOCESE OF REGINA -GO TO:



<https://archregina.sk.ca/archdiocese-of-regina-bulletin/> OR <https://archregina.sk.ca/>

ST. ANNE'S SPRING BAKE SALE & COFFEE FELLOWSHIP

On Sunday
April 6
Following
9 am Mass



Come join us on Sunday, April 6 for a Spring Bake Sale & Coffee Fellowship following 9 am Mass. We are RAISING FUNDS FOR THE BUILDING AND GROUNDS COMMITTEE. This is a great opportunity to pick up home baking and enjoy fellowship over coffee.

Donations of baked goods from all parishioners would be appreciated.

Please label as to type of item, and whether nut or nut products are present.

Please drop off your baking at the Hall before both masses that weekend.

Purchases by **cash (preferred)** and if necessary, e-transfer to office@stannesregina.com and note in the memo field your name and Building and Grounds Bake Sale.

Any inquiries can be directed to Shirley Wasyliw at 306-584-1151 or email swasyli-w1151@gmail.com

THIS LENT, TURN DEBT INTO HOPE

External debt & ecological debt: Who owes whom?

Peru is facing an ecological debt crisis as extractive industries, often foreign owned, plunder its natural resources, harming the environment and human rights.

These industries contribute to the unjust enrichment of the Global North at the expense of the Global South. Thus, as countries in the Global South incur financial debts that further impoverish them, they are owed a mounting ecological debt by the Global North that is never settled.

Our partners, the Episcopal Commission for Social Action (CEAS) and the Institute Bartolomé de Las Casas (IBC) work closely with affected communities, advocating for justice and sustainable alternatives. This Lent, discover the work of CEAS and IBC by reading our Mini-magazine and watching our testimonial video at devp.org/lent.



TURN DEBT INTO HOPE

SHARE LENT 2025

Together, we urge decision-makers to prioritise people and planet over mere profit and demand debt justice for communities crushed by unjust and unpayable debts.

Turning Debt Into Hope

Join us at St. Anne's Hall, following the 9 am Mass, **THIS Sunday, March 23**, to enjoy some **Coffee and Timbits**, and to learn about **Development and Peace's 2025 Jubilee Campaign:**



COMING TO ST. ANNE PARISH...

LIVING HOPE

How MAiD Could Affect You?

An Evening of:

Personal Testimonies, Reflection from Bishop Don

Panel with: Amanda Achtman and Local Health Care Professionals

Followed by Q&A



Amanda Achtman



Wednesday, March 26

7:00-8:30 PM



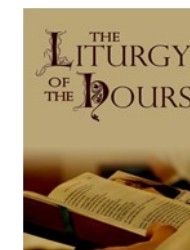
St. Anne Parish
1701 Cowan Crescent

LIVING HOPE: A CONVERSATION ON EUTHANASIA & HOPE

Join us for Living Hope with **Amanda Achtman** on **Wednesday, March 26, at 7:00 PM** at **St. Anne's Parish, Regina.**

Amanda, an advocate for life and ethical healthcare, has worked to prevent the expansion of euthanasia in Canada. She will be joined by **Bishop Donald Bolen**, healthcare professionals, and individuals personally impacted by MAiD for an evening of reflection, testimony, and discussion on protecting human dignity and fostering hope. This free event is open to the public. All are welcome!

LITURGY OF THE HOURS



Just before Thursday evening Masses we will be having Evening Prayer at St. Anne; it will take place every THURSDAY of Lent, up to April 10, starting at 6:30 pm.



PALM SUNDAY
APRIL 13 – 9 AM MASS

HOLY THURSDAY
APRIL 17 – 7 PM MASS

GOOD FRIDAY
APRIL 18

STATIONS OF THE CROSS & CONFESSION – 10 AM
GOOD FRIDAY CELEBRATION – 3 PM

EASTER VIGIL – SATURDAY
APRIL 19 – 7 PM MASS

EASTER SUNDAY
APRIL 20 – 9 AM MASS



Steak Night
Bushwacker's, on
Tuesday, May 13

Tickets on Sale in
April 5&6 ... \$40

E-Transfer 24/7 to:
office@stannesregina.com