



## Emmaus Mental Health Ministries

# "While they were talking and discussing. Jesus himself came near and went with them." Luke 24:15



At Emmaus Mental Health Ministries we believe in the strength and comfort that can come from peers walking with and supporting peers.

Our spiritual peer support groups bring together individuals with lived experience of mental health challenges in the family.

Spiritual peer support focuses on shared prayer, learning building resiliency, walking together, moving forward towards a healthier life for ourselves and those whom we care for, and discovering Jesus Christ walking with us in the midst of it all.

Who needs you to hold their hand today? Who do you need to hold yours?

1 in 4 families experience mental health challenges. If you're looking for support, Emmaus Family Support is here to help. Join our community of caring individuals



**Online Support** 

May 24, 1954~2024







albealth@gmail.com

emmausmentalhealth@gmail.com



# Mary and Joe Dauk will celebrate their 70<sup>th</sup> Wedding Anniversary in May!!!

You are invited to celebrate with them and their family at St. Anne Parish, 1701 Cowan Crescent on Sunday, May 26, 2024 starting with 9 am Mass, followed by light refreshments from 10 am till Noon.

Your presence and prayer is your gift to them.

Feel free to contact Karen Sax (Nanaimo) at 1(250) 616-7170 or e-mail her at dandksax@gmail.com

### EMMAUS WOMEN'S PEER SUPPORT

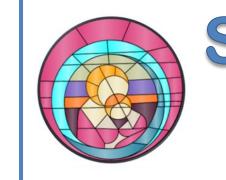
In partnership with Emmaus Support Mental Health Ministries (https:// emmaussupport.ca/). we will begin an Emmaus Women's Peer Support Group at Holy Rosary, offering a safe space for women navigating the complexities of mental health and mental illness. Whether battling anxiety, depression, or any other challenge, you're not alone. Find comfort in our community of shared experiences, and empathy, as we journey towards healing and hope through Jesus together. Email

Bronwyn.angley@outlook.com to RSVP and with any

questions you may have.

### EMMAUS FAMILY SUPPORT

1 in 4 families experience mental health challenges. If you're looking for support, Emmaus Family Support is here to help. Join our community of caring individuals, meeting monthly at Holy Trinity parish in Regina (and accessible online via Zoom), who understand what you're going through. Visit <u>emmaussupport.ca</u> or contact Deacon Eric Gurash at emmausmentalhealth@gmail.co m or 306-721-6724 to learn more.





# Parish Priest:

FR. GUY AMÉDÉE AINEMON

Parish Office Coordinator: Gabriela Büttner

### **OFFICE HOURS:**

Tuesday	9 am-Noon <b>&amp;</b> 1-3 pm
Wednesday	9 am-Noon <b>&amp;</b> 1-3 pm
Thursday	9 am-Noon <b>&amp;</b> 1-3 pm
Friday	9 am-Noon <b>&amp;</b> 1-3 pm

### PARISH SERVICES

Reconciliation: 30 min. before every Mass.

Anointing of the Sick: Please call the Parish office.

Baptism: Please call the Parish office.

**Marriage:** Contact the Pastor at least six months in advance.

### **Mass Intentions**

If you would like the Holy Mass to be offered for your intentions or the intentions of your loved ones, please call the Parish Office, or write it up and drop it in the donation box in the Church. Mass offering is \$10.

### **MASSES' SCHEDULE**

Saturday Mass	– 5:30 pm
Sunday Mass	– 9:00 am
Tuesday Mass	– 7:00 pm
Wednesday Mass	– 8:30 am
Thursday Mass	– 7:00 pm
Friday Mass	– 8:30 am

**Please NOTE:** 

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There will be NO Masses the week of May 13<sup>th</sup> to 17<sup>th</sup> as Priests go on their yearly Clergy Retreat. Thank YOU!

Emmaus



# May 5<sup>th</sup>, 2024 6<sup>тн</sup> SUNDAY OF EASTER



#### **MISSION STATEMENT**

We, the Catholic Parish of St. Anne, centred in Word and Eucharist, are called to be a caring faith community; coming together to celebrate God's love and truth through the sacraments, and make Christ present to others through loving service.



Saturday – May 4<sup>th</sup> 5:30 pm **† Dan Stahl** requested by the Büttner-Stahl Family

Sunday – May 5<sup>th</sup> MASS 9:00 am

Tuesday – May 7<sup>th</sup> 7:00 pm **+ Neil MacDonald** requested by Janet Buettner

Wednesday – May 8<sup>th</sup> 8:30 am **+ Gertrude & Darrell Llovd** requested by Dorothy Lloyd

Thursday – May 9<sup>th</sup> 7:00 pm Success in becoming a Registered

Nurse & pass the Preceptorship. For Approval of Family's Visa to Canada requested by Jovelyn Detuya

Friday – May 10<sup>th</sup> 8:30 am **† Gertrude & Darrell Lloyd** requested by Dorothy Lloyd





Readings for Sunday, May 5th: 6<sup>th</sup> Sunday of Easter

1 <sup>st</sup> Reading:	Acts 10.25-26, 34-35, 44-48
2 <sup>nd</sup> Reading:	1 John 4.7-10
Gospel:	John 15.9-17
	lectors

Saturday, May 4 – 5:30 pm – Brian Sipe Sunday, May 5 – 9:00 am – Gerard Wappel

### PARISH **WEEKLY FINANCIAL**



COLLECTION SUMMARY FOR APRIL 28<sup>TH</sup>, 2024

Total:	\$1485.10
<ul> <li>Education of Seminarians</li> </ul>	\$0015.00
<ul> <li>Building Fund</li> </ul>	\$0215.00
<ul> <li>Sunday Collection</li> </ul>	\$1255.10

#### **Stewardship Bulletin Bit** May 5, 2024 - 6th Sunday of Easter

"This is my commandment: love one another

as I love you. No one has greater love than this, to lay down one's life for one's friends."

### John 15:12-13

Do you love Jesus? Do you consider Him your friend? Jesus says that if we love Him we would be willing to offer whatever we have to Him, not because we want praise and glory, but simply because we love Him. Does your giving seem mechanical out of obligation or do you share freely out of love?

We acknowledge that we are in Treaty Four Territory, Traditional lands of the Nehivawak (Cree), Anishinaabe (Saulteaux), and Nakota people. Homeland to the Dakota, Lakota and Métis people.

## **STEAK NIGHT RETURNS!!**

- At Bushwakker's on Dewdney
- Tuesday, May 14<sup>th</sup>
- From 5 to 7 pm
- Tickets \$35 per person (must be 19 vears or over)



- \* \* Last weekend to purchase tickets, available before and after Masses and till Wednesday noon.
- Pay by Cheque, Cash or e-Transfer: office@stannesregina.com

Memo: Steak Night NOTE parking information

**PROCEEDS GO TO ST. ANNE'S** GOOD NEIGHBOUR PROJECT

### **TOP 10 ITEMS YOUR STEAK NIGHT TICKET DONATION BUYS:**

Laundry detergent, pillows, garbage cans and bags, dish detergent, cleaning fluid, shampoo, hand soap, feminine hygiene products, toothpaste and toothbrushes, brooms.

#### **TOP 10 ITEMS REQUESTED** FOR FAMILIES IN NEED:

Bedding, cleaning supplies, hygiene supplies, dishes, silverware, pots and pans, cooking utensils, plastic containers, toys and books, kettles and toasters.





### **STEAK NIGHT ATTENDEES:** Important access information for you.



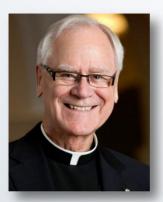
bushwakkerbrewpub





- Newly created parking lot, one block down and across from Bushwakkers.
- Park near the Dewdney and Scarth Street entrance and you are one block walk

ARCHBISHOP **EMERITUS** JAMES **WEISGERBER** celebrated his birthday on May 1<sup>st</sup>.



Happy Birthday Your GraceII May our Lord bless you and keep you!!